

Self-Care: Thrive as a Caregiver

13th Annual Quad Cities



Caregiver Conference

Nov 2nd 8am - 12pm

Golden Leaf Banquet Center
2902 Kimberly Rd, Davenport

Door Prizes, Refreshments, Chair Massages,
Self-Care Vendors and more! **FREE**



Speakers Include: Jeff Adamson, Laugh Yoga, and
QCCAN Therapy Dog Demonstrations..

