

# January Assisted Living Life Enrichment Calendar

2026



| Sun                                                                                                                                           | Mon                                                                                                                                     | Tue                                                                                                               | Wed                                                                                                                                                 | Thu                                                                                                                                                       | Fri                                                                                                                                    | Sat                                                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>KEY</b><br>Eatery ET<br>Creative Corner CC<br>Gathering Room GR<br>Quad- Q<br>Life Enrichment LE<br>Courtyard-CY<br>Fountain courtyard FCY |                                                       |                                                                                                                   |                                                                                                                                                     | <b>1</b><br>10:00- Independent Stretch<br><b>GR</b><br>11:15- Mass-Chapel<br>2:00- <b>New Years Day</b><br><b>Cocktail Party With</b><br><b>Jordon- Q</b> | <b>2</b><br>10:00- Second Cup Club Q<br>11:15 -Mass-Chapel<br>2:30- <b>Word Games -Q</b><br>4:00Social Hour-Pub                        | <b>3</b><br>9:30 -Independent Exercise<br><b>GR</b><br>11:15 Prayer Service Chapel<br>2:00 Bingo-Q<br>4:00-Social Hour- Pub Q     |
| <b>4</b><br>10:00- Coffee with<br>friends <b>GR</b><br>11:15- Mass-Chapel<br>2:00 -Football -Quad                                             | <b>5</b><br>9:30 -Simple Stretch <b>GR</b><br>11:15 -Mass-Chapel<br>2:00- Tenant Choice board<br>games/cards GR<br>4:00-Social Hour -Q  | <b>6</b><br>10:00- Independent<br>Stretch <b>GR</b><br>11:15-Mass-Chapel<br>1:30-Bingo Q<br>4:00-Social Hour -Q   | <b>7</b><br>10:00- Walmart trip with<br>Wendy- sign up<br>11:15- Mass-Chapel<br>4:00-Social Hour -Q                                                 | <b>8</b><br>10:00- Independent Stretch<br><b>GR</b><br>11:15- Mass-Chapel<br>2:30- Robert Dahms<br>Entertains -Q<br>4:00-Social Hour -Q                   | <b>9</b><br>10:00- Second Cup Club Q<br>11:15 -Mass-Chapel<br>2:30- <b>Hot Cocoa and</b><br><b>cookies Quad</b><br>4:00Social Hour-Pub | <b>10</b><br>9:30 -Independent Exercise<br><b>GR</b><br>11:15 Prayer Service Chapel<br>2:00 Bingo-Q<br>4:00-Social Hour- Pub Q    |
| <b>11</b><br>10:00- Coffee with<br>friends <b>GR</b><br>11:15- Mass-Chapel<br>1:30 - Afternoon Wine<br>and Cheese cart                        | <b>12</b><br>9:30 -Simple Stretch <b>GR</b><br>11:15 -Mass-Chapel<br>2:00- Tenant Choice board<br>games/cards GR<br>4:00-Social Hour -Q | <b>13</b><br>10:00- Independent<br>Stretch <b>GR</b><br>11:15-Mass-Chapel<br>1:30-Bingo Q<br>4:00-Social Hour -Q  | <b>14</b><br>9:30 - Simple Stretch <b>GR</b><br>11:15- Mass-Chapel<br>2:30 self Care day -<br>4:00-Social Hour -Q                                   | <b>15</b><br>10:00- Independent Stretch<br><b>GR</b><br>11:15 -Mass-Chapel<br>2:30- Crafts with Wendy -<br>Eatery<br>4:00-Social Hour -Q                  | <b>16</b><br>10:00- Second Cup Club Q<br>11:15 -Mass-Chapel<br>2:30- Ice Cream Sundae Bar<br>-Q<br>4:00- Social Hour-Pub               | <b>17</b><br>9:30 -Independent Exercise<br><b>GR</b><br>11:15 Prayer Service<br>Chapel<br>2:00 Bingo-Q<br>4:00-Social Hour- Pub Q |
| <b>18</b><br>10:00- Coffee with<br>friends <b>GR</b><br>11:15- Mass-Chapel<br>1:30-Afternoon Snack<br>cart                                    | <b>19</b><br>9:30 -Simple Stretch <b>GR</b><br>11:15-Mass-Chapel<br>2:00- Tenant Choice board<br>games/cards GR<br>4:00-Social Hour -Q  | <b>20</b><br>10:00- Pop-Up library<br>11:15-Mass-Chapel<br>1:30- Bingo Q<br>4:00-Social Hour -Q                   | <b>21</b><br>9:30 - Simple Stretch <b>GR</b><br>11:15- Mass-Chapel<br>2:00- Lutheran Service<br>with Sr Constance-<br>Chapel<br>4:00-Social Hour -Q | <b>22</b><br>10:00- Independent<br>Stretch <b>GR</b><br>11:15 -Mass-Chapel<br>2:30- Crafts with Wendy -<br>Eatery<br>4:00-Social Hour -Q                  | <b>23</b><br>10:00- Second Cup Club Q<br>11:15 -Mass-Chapel<br>2:30-Movie Matinee – CC<br>4:00- Social Hour-Pub                        | <b>24</b><br>9:30 -Independent Exercise<br><b>GR</b><br>11:15 Prayer Service<br>Chapel<br>2:00 Bingo-Q<br>4:00-Social Hour- Pub Q |
| <b>25</b><br>11:15- Mass-Chapel<br>1:30 - Afternoon Wine<br>and cheese cart                                                                   | <b>26</b><br>9:30 -Simple Stretch <b>GR</b><br>11:15 -Mass-Chapel<br>2:00- Tenant Choice board<br>games/cards GR<br>4:00-Social Hour -Q | <b>27</b><br>10:00- Independent<br>Stretch <b>GR</b><br>11:15-Mass-Chapel<br>1:30- Bingo Q<br>4:00-Social Hour -Q | <b>28</b><br>9:30 - Simple Stretch <b>GR</b><br>11:15- Mass-Chapel<br>1:30- Tenant Coucil GR<br>4:00-Social Hour -Q                                 | <b>29</b><br>10:00- Independent Stretch<br><b>GR</b><br>11:15 -Mass-Chapel<br>2:30- Bowling Dice Game<br><b>GR</b><br>4:00-Social Hour -Q                 | <b>30</b><br>10:00- Second Cup Club Q<br>11:15 -Mass-Chapel<br>2:30- <b>Monthly Birthday -Q</b><br>4:00- Social Hour-Pub               | <b>31</b><br>9:30 -Independent Exercise<br><b>GR</b><br>11:15 Prayer Service<br>Chapel<br>2:00 Bingo-Q<br>4:00-Social Hour- Pub Q |